



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MORNING SNACK</u>	Breadstick & Dip	Apple Wedge	Crumpets	Carrot & Cucumber Dip	Apple Wedge & Raisins
<u>LUNCH</u>	Spaghetti/Vegi Bolognaise	Fruity Turkey/Quorn Apricot Curry with Boiled Rice	Beef/Quorn Mince Casserole, Mash & Green Beans	Chicken/Quorn Breast, Roast Potatoes, Savoy Cabbage, Sweetcorn	Tuna Pasta Bake, with Grated Carrots & Beetroot Salad
<u>DESSERT</u>	Strawberry Delight	Fruit Cocktail Jelly	Rice Pudding	Stewed Apples & Custard	Yoghurt & Fruit Coulis
<u>AFTERNOON SNACK</u>	Pear Wedges	Scotch Pancakes	Bananas	Potato Cakes	Rice Cakes
<u>TEA</u>	Jacket Potato, Beans & Cheese	Margarita Pizza/Pasta	Leek & Potato Soup with Herby Bread	Napolitano Pasta	Beef/Vegi Patty, Wholemeal Roll & Side Salad
<u>DESSERT</u>	Banana Split	Carrot Cake	White Chocolate Raisin Squares	Zesty Lemon Syllabub	Malt Loaf
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MORNING SNACK</u>	Breadsticks and Dips	Carrots & Raisins	Cheese & Crackers	Seasonal Veggie's & Dip	Apples & Raisins
<u>LUNCH</u>	Shepherd's Pie with Carrots & Peas	Pork/Quorn Stroganoff & Rice	Turkey/Quorn Breast New Potatoes, Broccoli, Cauliflower & Gravy	Beef/Quorn Mince Lasagne with Homemade Coleslaw	Fisherman's Pie with Sweetcorn & Savoy Cabbage
<u>DESSERT</u>	Fruit Salad	Raspberry Fool	Eaton Mess	Bananas & Custard	Vanilla Fromage Frais
<u>AFTERNOON SNACK</u>	Pears	Pancakes	Apples & Grapes	Toast	Rice Cakes
<u>TEA</u>	Tomato Soup & Cheesy Bread	Vegetable Lasagne & Garlic Bread	Ham/Vegi, Mushroom & Cheese Pasta Bake	Irish Stew/Vegi with Soda Bread	Minestrone Soup
<u>DESSERT</u>	Butterscotch Whip	Shortbread	Chocolate & Slices	Raspberry Yoghurt	Seasonal Fruit Salad



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MORNING SNACK</u>	Rice Cake	Pancakes	Peaches	Cheese Crackers	Pear Wedges
<u>LUNCH</u>	Turkey/ <b>Quorn</b> Casserole, New Potatoes, Peas & Carrots	Sausages/ <b>Vegi Sausages</b> (Pork Loin) Mashed Potatoes Peas & Carrots. Eve's Pudding	Spaghetti & Meatballs/ <b>Vegi Meatballs</b> in Tomato Sauce	Sweet & Sour Chicken/ <b>Quorn</b> & Rice	Fish Cakes, Ratatouille & New Potatoes
<u>DESSERT</u>	Fruit Yoghurt	Bananas and Pancakes	Oaty Fruit Crumble	Peaches with Fromage Frais	
<u>AFTERNOON SNACK</u>	Banana Chunks	Apple Wedges	Breadstick and Dips	Crumpets with Cheese	Carrots & Raisins
<u>TEA</u>	Cheese & Potato Pie with Baked Beans	Mulligatawny Soup with Naan Bread	Chicken/ <b>Quorn</b> Goujons & Wedges	Bacon/ <b>Vegi</b> & Leek Pasta	Spicy Parsnip Soup
<u>DESSERT</u>	Mini Muffins	Flapjack	Fruit Trifle	Banana & Sultana Cake	Cheese and Grapes
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>MORNING SNACK</u>	Breadstick and Dips	Mandarins	Carrot Cucumber & Dip	Toast	Rice Cakes
<u>LUNCH</u>	Beef/ <b>Vegi Mince</b> Chilli & Rice	Chicken/ <b>Quorn</b> Casserole & Herby Dumplings	Lamb/ <b>Quorn</b> Rogan Josh with Rice	Chicken/ <b>Quorn</b> Pie topped with Mashed Potato, Broccoli & Carrots	Crunchy Cod, Potato Wedges & Mushy Peas
<u>DESSERT</u>	Peaches & Yoghurt	Seasonal Fruit Crumble	Bread & Butter Pudding	Poached Pears & Vanilla Fromage Frais	Raspberry Fool
<u>AFTERNOON SNACK</u>	Teacakes	Crackers & Cheese	Peach Slices	Cheese and Grapes	Apple Wedges
<u>TEA</u>	Spinach & Ricotta Pasta	Vegetable Soup & Wholemeal Roll	Ham/ <b>Vegi</b> & Sweetcorn Pizza (Seasonal Soup)	Mediterranean Vegetable Bake	Spicy Butternut Squash Soup & Cheesy Scones
<u>DESSERT</u>	Melon Chunks	Cheese & Apples	Mandarin Cheesecake	Apricot & Blueberry Slice	Chocolate Chip Shortbread

